

ALLERGIES & DIETARY/FOOD POLICIES

It is the intent of OCC to provide well-balanced, nutritious meals and snacks for the children at our centers. OCC serves breakfast, lunch and snacks each day for all children who are 12 months of age and older.

We are required to feed all children according to the Child and Adult Center Food Program (CACFP) meal pattern guidelines. These guidelines outline the daily requirements and minimum serving sizes according to the state that needs to be met. Parents must obtain a written doctor's excuse for OCC to serve their child anything that is different from what we have on our menu while in our care. Copies of these meal patterns are given upon enrollment.

Please refrain from bringing in food from home, unless it is your child's designated snack day or for a special occasion.

Please use only non-glass/non-breakable containers when bringing food/drink into the center. See your child's teacher if you have any questions.

Allergies and dietary restrictions will be confidentially posted in the classroom and kitchen area. A doctor's written excuse must be provided, stating what the

allergy/restriction is. OCC will make every attempt to substitute items in our meals or snacks to accommodate the child. If it is not possible, OCC will ask the parent(s) to provide an alternative that meets USDA and CACFP requirements for the child to eat.

OCC is a Peanut-Free facility. Please be sure to check packages on store bought items and homemade goods before bringing them into the center to be shared.

To help prevent the occurrence of choking, table food offered to the infant/toddler classrooms will be softened and diced up into small bite-size portions.

Popcorn will only to be served to children over the age of 4. Craisins, raisins and other dried fruits will not be served to children under 18 months old.